

Simplicial Graviton from Selfdual Ashtekar Variables

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Outline and Motivation

Outline

Quantum gravity in finite regions — a paradigm of *quasi-local holography*.

- It is *quasi-local* rather than *local*, because observables are attached to finite regions rather than points on the manifold.
- It is *holographic*, because evolution is studied through the exchange of charges at the boundary seperating system and environment.

Paradigm connecting research on quantum reference frames, quantum gravity, observables, holography.

In this talk, I will focus on only one recent development: Quasi-local regularization of constraint algebra for selfdual gravity with potential connection to earlier results by A. Ashtekar and M. Varadarajan. Simplicial version of time evolution as spatial diffeomorphism.

- *ww, Simplicial Graviton from Selfdual Ashtekar Variables (2023), arXiv: 2305.01803.
- *Abhay Ashtekar, Madhavan Varadarajan, Gravitational dynamics: A novel shift in the Hamiltonian paradigm, Universe 7, 13 (2021), arXiv:2012.12094.
- *Valentin Bonzom, Laurent Freidel, The Hamiltonian constraint in 3d Riemannian loop quantum gravity, Class. Quant. Grav. 28 (2011), arXiv:arXiv:1101.3524.

^{*}Laurent Freidel, Marc Geiller, ww, Corner symmetry and quantum geometry,

Springer Handbook od Spacetime (2023), arXiv: 2302.12799.

Back to selfdual variables

[Ashtekar (1986)]: general relativity put on the phase space of an $SL(2,\mathbb{C})$ Yang–Mills theory.

$$\left\{\tilde{E}_{i}^{\ a}(x), A^{j}_{\ b}(y)\right\} = 8\pi \mathrm{i} G \delta^{j}_{i} \delta^{a}_{b} \tilde{\delta}^{(3)}(x,y),$$

 a, b, c, \ldots are tangent indices and i, j, \ldots refer to the internal $SL(2, \mathbb{C})$ directions. There are three of them as $SL(2, \mathbb{C})$ is treated here as complexifization of SU(2) (complex structure \iff normal vector to Σ).

The constraints are the simplest possible gauge-invariant polynomials on the now complexified phase space.

$$\begin{split} \text{Gauss constraint:} \quad & \tilde{\mathscr{G}}_i = D_a \tilde{E}_i{}^a = 0, \\ & \text{Vector constraint:} \quad & \tilde{H}_a = F_{ab}^i \tilde{E}_i{}^b = 0, \\ & \text{Hamiltonian constraint:} \quad & \tilde{\tilde{H}} = \epsilon_i{}^{lm} F_{ab}^i \tilde{E}_l{}^a \tilde{E}_m{}^b. \end{split}$$

N.B.: Scalar constraint defines an inverse super-metric $G = \frac{1}{2} \epsilon_i^{\ lm} F^i_{\ ab} \left[A\right] \frac{\delta}{\delta A^i_{\ a}} \otimes \frac{\delta}{\delta A^j_{\ b}}$ on configuration space. ADM-type action

$$S = \int \mathrm{d}t \int_{\Sigma} \left(\tilde{E}_{i}^{a} \underbrace{\left(\frac{\mathrm{d}}{\mathrm{d}t} A^{i}_{a} - D_{a} \Lambda^{i} + F^{i}_{ab} N^{b} \right)}_{\frac{D}{\mathrm{d}t} A^{i}_{a}} - \widetilde{N} \epsilon_{i}^{lm} F^{i}_{ab} \left[A \right] \tilde{E}_{l}^{a} \tilde{E}_{m}^{b} \right).$$

Compare this with the worldline action for $I = 1, \ldots, K$ (uncoupled) massless particles

$$S = \int dt \Big(\sum_{I=1}^{K} p_{\mu}^{I}(t) \frac{d}{dt} q_{I}^{\mu}(t) - \sum_{I=1}^{K} N_{I} g^{\mu\nu} \big(q_{I}(t) \big) p_{\mu}^{I}(t) p_{\nu}^{I}(t) \Big).$$

Physical spacetimes carve out null geodesic in the space of self-dual connections.

All constraints are first-class (as in Yang–Mills). However, also very different from Yang–Mills, as there are structure functions rather than structure constants.

$$\begin{split} &\left\{G_{i}[\Lambda^{i}],G_{j}[\mathbf{M}^{j}]\right\} = -8\pi\mathrm{i}G\,G_{i}\left[[\Lambda,\mathbf{M}]^{i}\right],\\ &\left\{H_{a}[N^{a}],H_{b}[M^{b}]\right\} = -8\pi\mathrm{i}G\left(H_{a}\left[[N,M]^{a}\right] - G_{i}\left[F_{ab}^{i}\,N^{a}M^{b}\right]\right),\\ &\left\{H_{a}[N^{a}],H[\underline{N}]\right\} = -8\pi\mathrm{i}G\left(H[\mathscr{L}_{\vec{N}}\underline{N}] + G_{i}\left[\epsilon_{j}^{\ ki}F_{ab}^{j}\,\underline{\tilde{E}}_{k}^{\ a}\underline{N}N^{b}\right]\right),\\ &\left\{H[\underline{N}],H[\underline{M}]\right\} = +8\pi\mathrm{i}G\,H_{a}\left[[\underline{N},\underline{M}]^{a}\right], \end{split}$$

where e.g. $G_i[\Lambda^i] = \int_{\Sigma} \tilde{\mathscr{G}}_i \Lambda^i$, and $[\underline{N}, \underline{M}]^a = \delta^{ij} \tilde{E}_i{}^a \tilde{E}_j{}^b (\underline{N} D_b \underline{M} - \underline{M} D_b \underline{N})$. N.B.: Algebra still regular for degenerate geometries (squashed triads) $\frac{1}{3!} \epsilon^{ijk} \underline{\varepsilon}_{abc} \tilde{E}_i{}^a \tilde{E}_j{}^b \tilde{E}_k{}^c = 0$.

Counting *complex* degrees of freedom:

Each point x on Σ carries kinematical variables $A^{i}{}_{a}(x)$ and $\tilde{E}_{i}{}^{a}(x)$. Kinematical degrees of freedom per points of Σ :

 $3 \times 3 = 9$ (complex degrees of freedom)

Physical degrees of freedom per points of Σ :

9-3-3-1=2 (complex degrees of freedom)

These are the two modes of polarization of the non-linear graviton.

We have no complete set of Dirac variables that could access these modes at the full non-linear level. Standard constructions of Dirac observables and physical phase space rely on additional auxiliary structures, e.g. boundary conditions, asymptotic falloff conditions, perturbation theory.

N.B.: Phase space is complex, all constraints are analytic functionals on phase space. Going back to metric GR requires additional reality conditions.

All physics relies on truncations. Idea: find a way to isolate the two physical modes at the discretised level.

Basic strategy: introduce simplicial decomposition. Blow up points on the initial manifold and replace them by simplicial building blocks (tetrahedra).

Perhaps overly naïve, but if it works we could expect: each simplicial cell represents a fundamental *atom of geometry*. Ignoring for a moment additional boundary modes perhaps necessary, each such *atom of space* is expected to carry two physical modes (four complex phase space dimensions). Thus localizing radiative modes in each simplicial cell. Step 1: new regularization of the constraints

Lattice and dual lattice in a single cell

Introduce a simplicial discretisation of Σ . Consider a single building block, an elementary tetrahedron $T \subset \Sigma$.

- Boundary of the tetrahedron consists of four triangles *f*¹, *f*², *f*³, *f*⁴.
- Each such *face* f^I is dual to a *half link* γ_I connecting the centroid of T with the centroid of f^I.
- Boundary links $\gamma_{JI} \subset \partial T$ connect the centroid of f^I with the centroid of f^J along the boundary of T.
- The dual faces f_{JK} are bounded by the loop $\gamma_J^{-1} \circ \gamma_{KJ} \circ \gamma_K$.

Comments:

- We need to speak about such internal loops (wedge holonomies)—otherwise it is impossible to regularise the field strength F_{ab}^i in a given cell T.
- Without wedge holonomies, non-local construction necessary in which the field strength is smeared over a plaquette connecting many tetrahedra.
- We want to avoid such non-local construction, otherwise seems hopeless to do constraint analysis on arbitrary triangulation.



This is a departure from *Regge calculus*, where each building block is assumed to be flat. No such assumption here. Hence, there is curvature in each bulding block.

- Bulk holonomies: $h_I = \text{Pexp}(-\int_{\gamma_I} A)$.
- Boundary holonomies: $h_{IJ} = \operatorname{Pexp}(-\int_{\gamma_{IJ}} A) = g_J^{-1}g_I.$
- Assumption: All curvature concentrated in the bulk. Boundary flatness: $h_{IK}h_{KJ}h_{JI} = 1$.
- Bulk curvature:

$$F_{IJ} := \operatorname{Pexp}\left(-\oint_{f_{IJ}} A\right) = h_J^{-1} h_{IJ} h_I.$$

Non-abelian Stokes's theorem:

$$\operatorname{Pexp}\left(-\oint_{\partial f} A\right) = \operatorname{Sexp}\left(-\int_{f} F\right) \approx 1 - \int_{f} F^{i} \tau_{i} + \dots$$



Fluxes and adapted basis

Besides the holonomies (magnetic fluxes), we have the electric fluxes.

- Ashtekar electric flux: $E_i^{\ I} = \int_{f^I} (E_j)_x [g^{-1}(x)g_I h_I]^j_i.$
- Adapted triad: $u_1^a = X_1^a X_4^a$, $u_2^a = X_2^a X_4^a$, $u_3^a = X_3^a X_4^a$.

• Dual triad:
$$u^{\mu}{}_{a}$$
: $u_{\alpha}{}^{a}u^{\alpha}{}_{b} = \delta^{a}_{b}$.

■ Adapted coordinates (u¹, u², u³) such that tetrahedron is the point set u^α > 0, ∑³_{α=1} u^α < 1.</p>



$$E_{i}{}^{1} \approx -\frac{1}{2} \epsilon_{abc} u_{2}{}^{a} u_{3}{}^{b} u_{\mu}{}^{c} u^{\mu}{}_{a} \tilde{E}_{i}{}^{a} \big|_{c} = -\frac{1}{2} (d^{3} u)^{-1} u^{1}{}_{a} \tilde{E}_{i}{}^{a} \big|_{c},$$

$$\frac{1}{6} F_{ab}^{i} u_{\alpha}{}^{a} u_{\beta}{}^{b} \big|_{c} \approx F^{i}[f_{\alpha\beta}] - F^{i}[f_{4\beta}] - F^{i}[f_{\alpha4}], \text{ where: } F^{i}[f] = \int_{f} F^{i}.$$



In the continuum, the smeared Gauss constraint is

$$G_i[\Lambda^i] = \int_{\Sigma} \Lambda^i D_a \tilde{E}_i{}^a = 0.$$

Choose a test function Λ^i that vanishes everywhere except in T. At the discretised level, the constraint is then well approximated by the closure constraint in each tetrahedron

$$G_i^T[\Lambda^i] = \sum_{I=1}^4 \Lambda^i E_i^{\ I} = 0.$$

N.B.: If we also impose reality conditions on E_i^I , the closure constraint allows to assign a geometric data (edge lengths) to each tetrahedron via Minkowski theorem.

if
$$G_i^T = 0$$
 and $E_i^I = \bar{E}_i^I : E_i^I = n_i^I(\{\ell_e\}, R) \operatorname{area}(\{\ell_e\}).$

Regularisation of the vector constraint

In the continuum, the smeared vector constraint is

$$H_a[N^a] = \int_{\Sigma} N^a F^i_{\ ab} \, \tilde{E}_i^{\ b}.$$

- Set $N^a = 0$ expect in T.
- Set in T: $N^a = N^{\mu} u_{\mu}{}^a$, $\mu = 1, 2, 3$.
- Use non-abelian Stokes's theorem

$$F_{IJ} = \operatorname{Pexp}\left(-\oint_{\partial f_{IJ}} A\right) \approx \mathbb{1} - \oint_{f_{IJ}} F$$

Introduce fourth auxiliary direction

$$N^4 = -\sum_{\mu=1}^3 N^{\mu}.$$

Regularized vector constraint

$$\int_{T} N^{a} F^{i}_{ab} E^{b}_{i} \approx -4 \sum_{I,J=1}^{4} N^{I} \text{Tr}(\tau^{j} F_{IJ}) E^{J}_{j}.$$



The scalar constraint is smeared against an *inverse density*

$$H[\underline{N}] = \int_{\Sigma} \underline{N} \epsilon_i^{\ lm} F^i_{\ ab} \, \underline{\tilde{E}}_l^{\ a} \underline{\tilde{E}}_m^{\ b}.$$

We split this integral into two parts. We assume N = 0 outside T. Within T, we regularize it by introducing the smeared quantity

$$N_T := \left[\int_T N^{-1} \right]^{-1},$$

which is independent of metric and connection (a *c* number).

Assuming the fields are slowly varying in $T, \, {\rm we \ obtain}$ the regularized constraint

$$\int_{T} \underbrace{N}_{i} \epsilon_{i}^{lm} F_{ab}^{i} \tilde{E}_{l}^{a} \tilde{E}_{m}^{b} \approx \frac{8}{3} \sum_{I,J=1}^{4} N_{T} \operatorname{Tr} \left(\tau^{j} F_{IJ} \tau^{i} \right) E_{i}^{I} E_{j}^{J}.$$

Step 2: additional closure constraint

Is there the right number of physical modes per lattice site?

The commutation relations for the *half holonomies* and *fluxes* define the phase space $T^*SL(2, \mathbb{C})^4$.

Is there a chance that we obtain the correct number of physical modes per lattice site?

The contribution to the symplectic potential from each lattice site is

$$\Theta_T(\delta) = 16\pi i G \sum_{I=1}^4 E_i^{\ I} \operatorname{Tr}(\tau^i h_I^{-1} \delta h_I).$$

Now all four directions are treated as functionally independent. Yet in the discrete, the tangent indices a, b, c, ... refer to a three-dimensional space. Tension: In the continuum, we have

$$\Theta_M(\delta) = 8\pi \mathrm{i}G \int_M \tilde{E}_i{}^a \delta A^i{}_a.$$

Assuming all discretised constraints are first-class, we would be left with three additional spurious degrees of freedom:

 $3 \times 4 - 3 - 3 - 1 = 5 = 2 + 3$.

To remove the additional unphysical modes, it seems necessary to add one additional closure constraint. Consider the dressed closure constraint (sort-of Bianchi identity?)

$$\sum_{K=1}^{4} G_{k(K)} := \frac{1}{4} \sum_{I,K=1}^{4} [F_{KI}]^{i}_{\ k} E_{i}^{\ I}.$$

- In the continuum limit, this constraint is functionally dependent of the other constraints.
- It becomes proportional to the usual closure constraint.
- $[F_{KI}]^{i}_{k}$ is the adjoint representation: $h^{-1}\tau^{i}h = [h]^{i}_{j}\tau^{j}$ with τ_{i} Pauli matrices.
- Furthermore, for Regge-like curvature, the dressed closure constraint is again proportional to the usual closure constraint:

Regge-like configurations: $E_i^{I} = [F_{KI}]^i_{\ k} E_i^{I}$.



The set of constraints per each tetrahedron is first-class. With constraints:

closure constraint:
$$G_{i} = \sum_{I=1}^{4} E_{i}^{I} = 0,$$

dressed closure: $G_{i(K)} = \sum_{I=1}^{4} [F_{KI}]_{k}^{i} E_{i}^{I} = 0,$
vector constraint: $H_{I}[N^{I}] = -4 \sum_{I,J=1}^{4} N^{I} \operatorname{Tr}(F_{IJ}\tau^{j}) E_{j}^{J} = 0, \ \forall N^{I} : \sum_{I=1}^{4} N^{I} = 0,$
scalar constraint: $H = \frac{8}{3} \sum_{I,J=1}^{4} \operatorname{Tr}(\tau^{i} F_{JI}\tau^{j}) E_{i}^{I} E_{j}^{J} = 0.$

For example:

$$\left\{ H_I[N^I], H_J[M^J] \right\} = -8\pi i G H_I[N, M]^I + \text{closure constraints}, [N, M]^I = \sum_{J=1}^4 \left(N^J \text{Tr}(F_{JI}) M^I - M^J \text{Tr}(F_{JI}) N^I \right).$$

By adding two additional conditions, we obtain a closed algebra:

- dressed closure constraint (a central term): $\sum_{I=1}^{4} [F_{KI}]^{i}_{k} E_{i}^{I} = 0.$
- Boundary flatness: $\varphi_T^* A = g^{-1} dg$.

The reduced phase space has 2×2 complex dimensions, i.e. the *simplicial graviton for selfdual gravity*.

What about gravity in 2 + 1 dimensions?

Three-dimensional (Euclidean) gravity admits formulation in terms of Ashtekar's connection dynamics [A. Ashtekar, R. Loll (1994)]:

- Kinematical phase space of SU(2) gauge connection and electric field: $\{\tilde{E}_i{}^a(p), A^j{}_b(q)\} = 8\pi G \,\tilde{\delta}^{(2)}(p,q)$,
- Constraints just the same as in four-dimensional selfdual theory:
 - Gauss: $D_a \tilde{E}_i{}^a = 0$,
 - Vector: $F^{i}_{\ ab} \tilde{E}^{\ b}_{i} = 0$,
 - Hamilton: $\epsilon_i{}^{jk}F^i{}_{ab}\,\tilde{E}_j{}^a\tilde{E}_k{}^b=0.$
- No local degrees of freedom: $3 \times 2 3 2 1 = 0$.

Hamiltonian lattice approach. Introduce triangulation of initial surface M.

Each triangle equipped with phase space $T^*SU(2)^3$.

As before, we split each simplicial building block, i.e. every triangle \triangle , into smaller wedges f_{IJ} .

- Wedge holonomies: $F_{IJ} = \text{Pexp}(-\oint_{f_{IJ}} A)$.
- Boundary flatness Pexp(- ∮∂∆ A) = 1 does not imply wedge flatness.
- Constraints assume same form as before, but now straight-forward to solve.
- Constraints impose wedge flatness $F_{IJ} = 1$.



In three dimensions:

- Closure: $\sum_{I=1}^{3} E_i^{I} = 0.$
- Dressed closure: $\sum_{I=1}^{3} [F_{KI}]^{j}_{k} E_{j}^{I} = 0.$
- Vector: $\sum_{I,J=1}^{3} \operatorname{Tr}(\tau^{i} F_{IJ}) N^{I} E_{i}^{J} = 0, \quad \forall N^{I} : \sum_{I=1}^{3} N^{I} = 0.$

• Hamilton: $\sum_{I,J=1}^{3} \operatorname{Tr} \left(\tau^{j} F_{IJ} \tau^{i} \right) E_{i}^{\ I} E_{j}^{\ J} = 0$

N.B. Dressed closure implies $F_{IJ} = \exp(-\mu^J E_j{}^J \tau^j) \exp(\mu^I E_i{}^I \tau^i)$. Scalar and vector constraint imply, in turn, $\sin(\frac{\mu^I}{2}) = 0$, i.e. flatness of wedge holonomies.

The (unique) quantum state Ω_{\triangle} for a single triangle \triangle that satisfies $\widehat{F_{IJ}}|\Omega_{\triangle}\rangle = |\Omega_{\triangle}\rangle$ defines the BF vacuum:

 $\langle h_1, h_2, h_3; g_1, g_2, g_3 | \Omega_{\triangle} \rangle = \delta_{SU(2)}(F_{12}) \, \delta_{SU(2)}(F_{23}) \, \delta_{SU(2)}(F_{31}), \ F_{IJ} = g_J^{-1} h_J^{-1} h_I g_I$

The state for an entire triangulation is built by taking the tensor product over all triangles and tracing over boundary modes

$$|\Omega\rangle = \prod_{e:edges} \int_{SU(2)} dg_{s(e)} \int_{SU(2)} dg_{t(e)} \,\delta_{SU(2)}(g_{s(e)}^{-1}g_{t(e)}) \,\langle\{g_e\}|\Omega_{\triangle_1},\Omega_{\triangle_2},\dots\rangle.$$

Conjecture: Same construction possible in 3 + 1, but now there are infinitely many allowed physical states $|\Omega_T^{\sigma}\rangle$ labelled by radiative data σ for each tetrahedron. Superpositions of spin networks, *"warp-network-states"* ...

$$|\sigma_1,\sigma_2,\dots\rangle = \prod_{e:edges} \int_{SL(2,\mathbb{C})} dg_{s(e)} \int_{SL(2,\mathbb{C})} dg_{t(e)} \,\delta_{SL(2,\mathbb{C})}(g_{s(e)}^{-1}g_{t(e)}) \,\langle\{g_e\}|\Omega_{T_1}^{\sigma_1},\Omega_{T_2}^{\sigma_2},\dots\rangle$$

Main task ahead

Gluing

The main open problem is how to glue adjacent tetrahedra.

Necessary to go beyond Hamiltonian analysis for a single building block. Action for a single tetrahedron

$$S[\underline{E}, \underline{h}, \underline{N}, \underline{g}] = \int_{\mathbb{R}} \mathrm{d}t \left(\Theta_{\underline{E}, \underline{h}} \left(\frac{\mathrm{d}}{\mathrm{d}t} \right) - C_A(\underline{E}, \underline{h}, \underline{g}) N^A \right).$$

Coupled action from gluing tetrahedra together

$$S_{\Delta}[\underline{E},\underline{h},\underline{N},\underline{\lambda}] = \sum_{T \in \Delta_3} S[\underline{E}_T,\underline{h}_T,\underline{N}_T,\underline{g}_T] - \sum_{e \in \Delta_1^*} \lambda_e^i \operatorname{Tr}(\tau_i g_{s(e)} g_{t(e)}^{-1}).$$



Summary:

- New (quasi-local) regularization of the constraints. Possible connections to tensor networks, spinfoams, group field theory, quantum cosmology.
- **2** Regularisation possible only by introducing additional boundary modes (here: edge modes $g_e \in SL(2, \mathbb{C})$).
- 3 Additional closure constraint necessary:
 - Otherwise algebra does not close
 - Otherwise counting does not match two physical modes of the continuum
- In three spacetime dimensions, construction agrees with known results [B. Dittrich, M. Geiller, *BF vacuum* (2014)].

Main open problems:

- Connection to real variables. Reality conditions. Barbero-Immirzi parameter. Strategy:
 - Momentum shifted: $\tilde{E}_i{}^a \rightarrow \frac{\beta + \mathrm{i}}{\mathrm{i}\beta} \tilde{\Pi}_i{}^a$, $\{\Pi, A\} = 1 = \{\bar{\Pi}, \bar{A}\}.$
 - Reality conditions: $\frac{\beta}{\beta+i}\tilde{\Pi}_i{}^a + cc. = 0.$
 - Constraints: $H_{\beta} = \frac{\beta}{\beta + i} H_{\mathbb{C}} + cc. = 0.$
- **2** Gluing of adjacent tetrahedra.
- 3 Matter couplings.
- Connection to GFTs, spinfoams.
- 5 ...